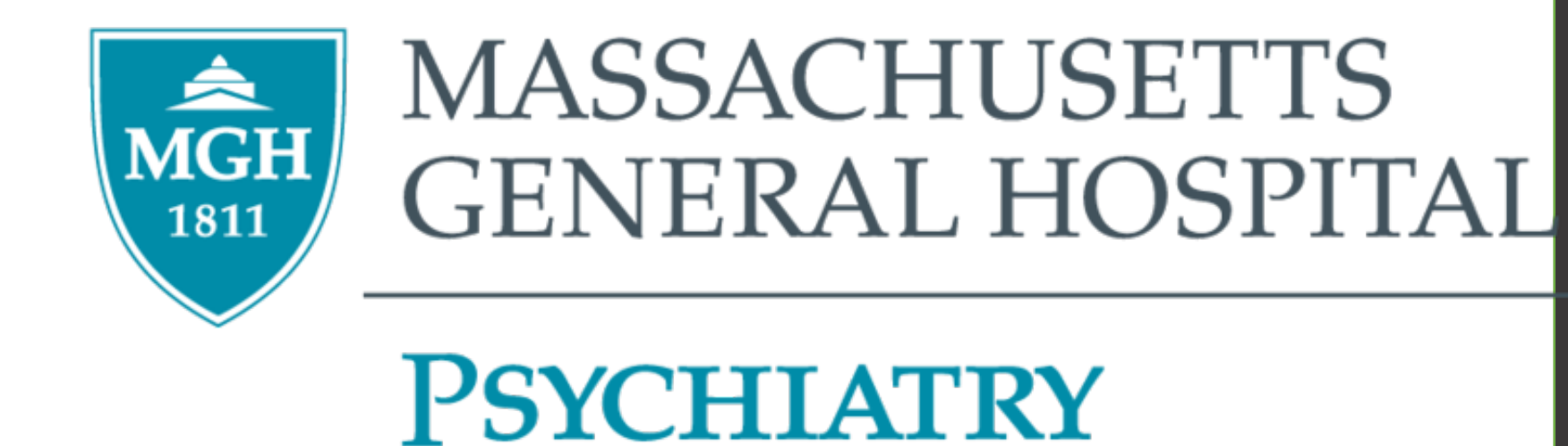


Model United Nations as a tool to promote global mental health in high school students.



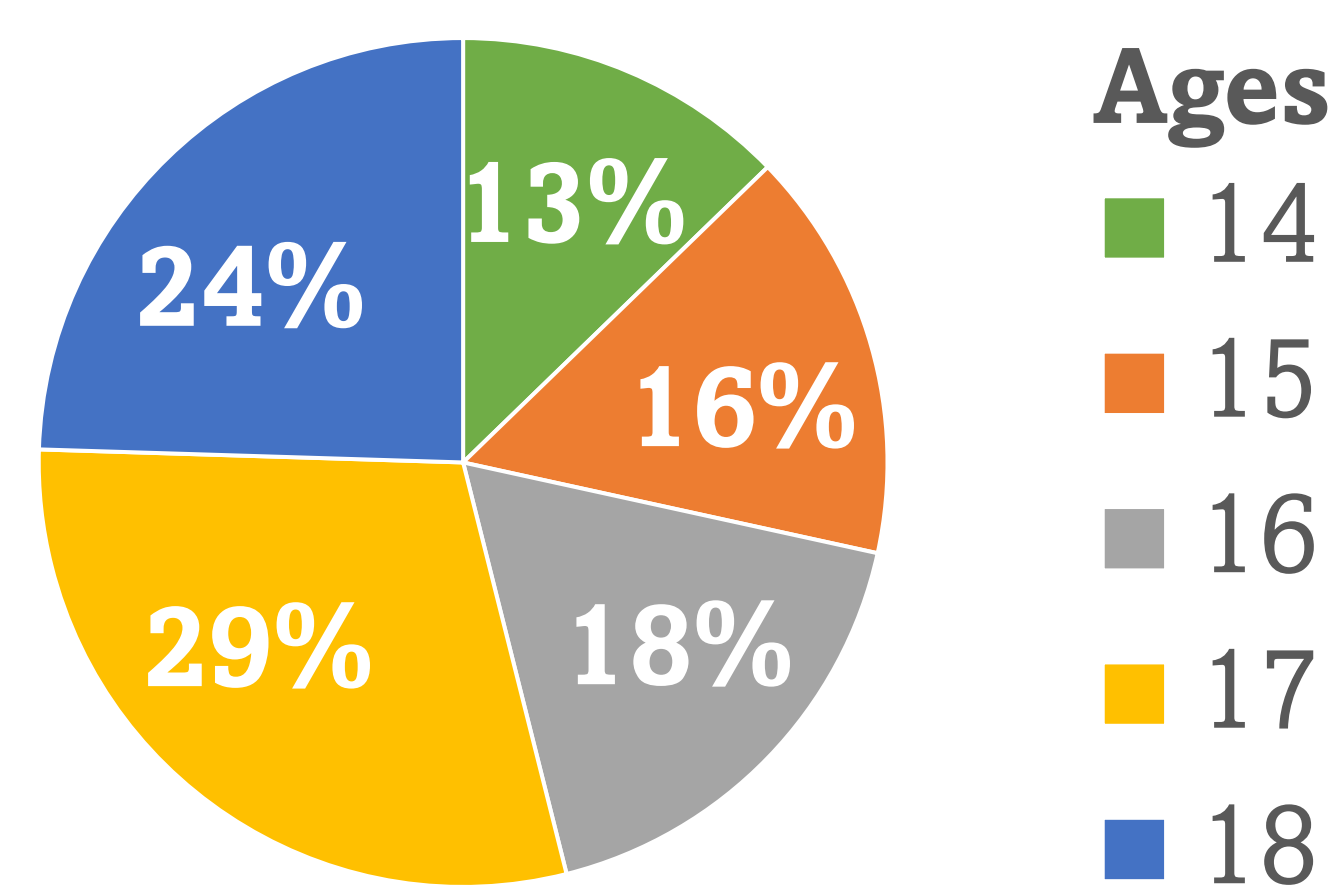
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BACKGROUND

- Model United Nations (MUN):**
 - Educational tool -> students simulate the UN Diplomats meetings.
 - Debates/negotiations about solutions to topics of global interest.
 - Typical topics: international law, economics and politics.
- World Health Organization (WHO) Assembly on Global Mental Health with topics:**
 - Mental health of the refugees, migrants and other vulnerable populations
 - Adolescents and psychoeducation.

METHODS

- Event:** New York Model UN for Latin America and the Caribbean (NYMUNLAC 2019)
- Participants: 102 high school students
- Location: UN Headquarters in New York.



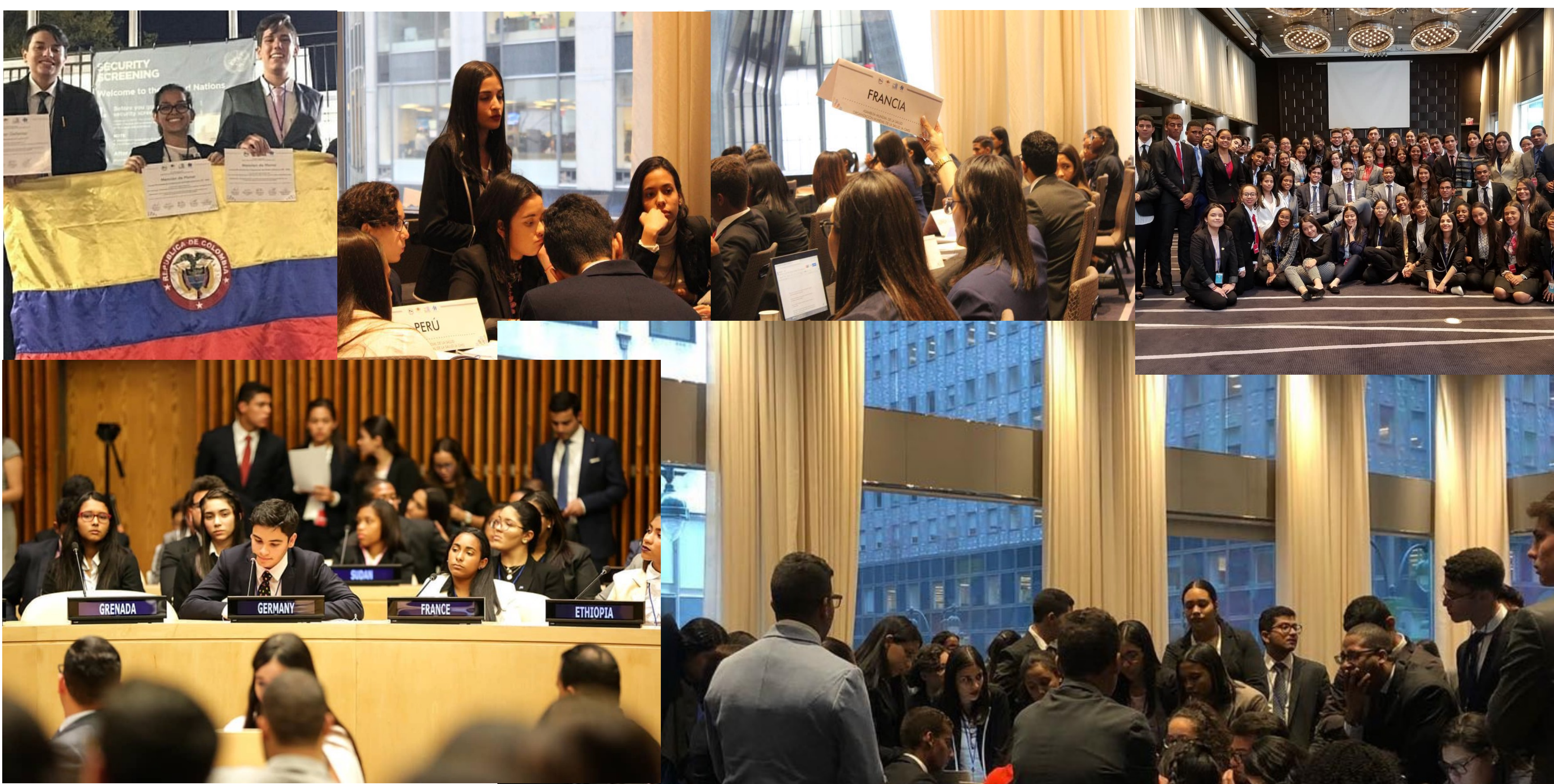
- Pre event:**
 - Students were divided into Delegations (represented country) to act as Ambassadors
 - Two training workshops:
 - UN procedural rules
 - Global mental health and topics in Agenda
 - Global Mental Health Panel.
 - Submission of Position Statement per Delegation.

- Data Collection:** Survey Pre- and Post-event
- Evaluation:**
 - Evaluation per learning objectives and competencies.
 - Written documentation
 - Public speaking
 - Negotiations/Debate
 - Conflict Resolutions.
 - Simulated "global crisis" -> challenged to solve it in 2 hours.

PRE-EVENT



DURING THE EVENT

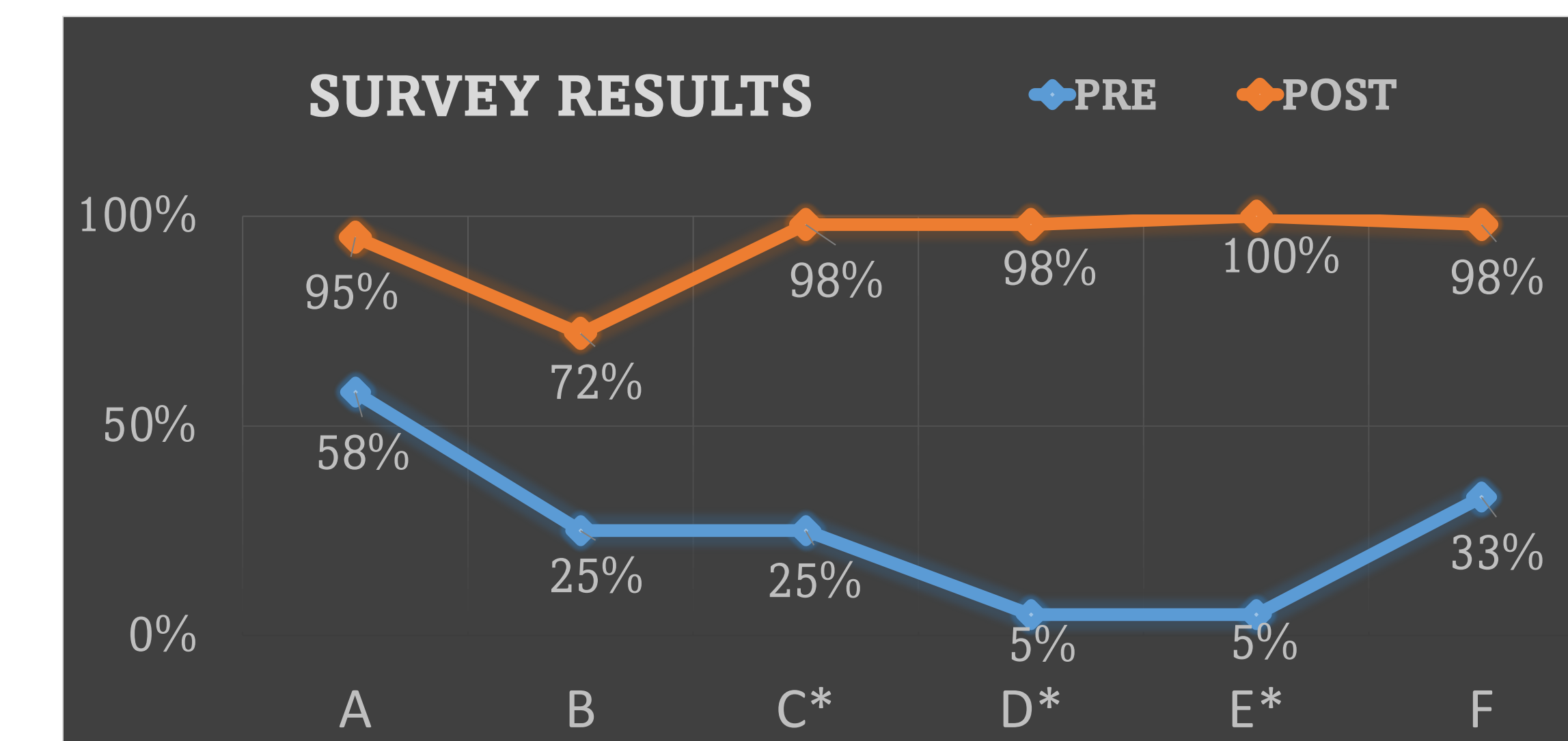


POST-EVENT



RESULTS

Item Surveyed	Pre	Post
A) Increased knowledge about global mental health	58 %	95%
B) Interest in pursuing mental health careers	25%	72%
C) Conduct a critical review of topics	25%	98%
D) Define and list at least 3 social determinants of health	5%	98%
E) Define and provide examples of the biopsychosocial model	5%	100%
F) Recognize challenges of vulnerable populations in conflict and adolescents	33%	98%



DISCUSSION

- Feasibility:** to replicate a simulation that historically has been done for law, economics and politics; translating to Global Mental Health
- Engagement:** High School students demonstrated engagement in the whole process.
- Education:** rich educational tool to promote global psychiatry while developing meaningful skills like negotiation and conflict resolution.
- Knowledge:** students acquired technical concepts like biopsychosocial model and social

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 Sunny, S., Bae, R., Chen, A., Nam, G., Wang, S., Wong, M., Zhou, L. (2012). "The MUN Manifesto" (PDF). Connect Global Youth Association. Retrieved 25 November 2013 at url: <http://project-connect.ca/resources/MUNManifesto.pdf>

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