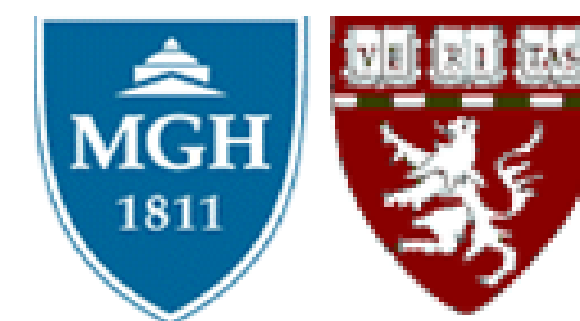


MGH Psychosis Consultation Service: Goals and lessons learned



Carol Lim^{1,2} Abigail L. Donovan^{1,2} Cori Cather^{1,2} Sarah Maclaurin¹ Oliver Freudenreich^{1,2}
¹Massachusetts General Hospital ²Harvard Medical School, Boston, MA

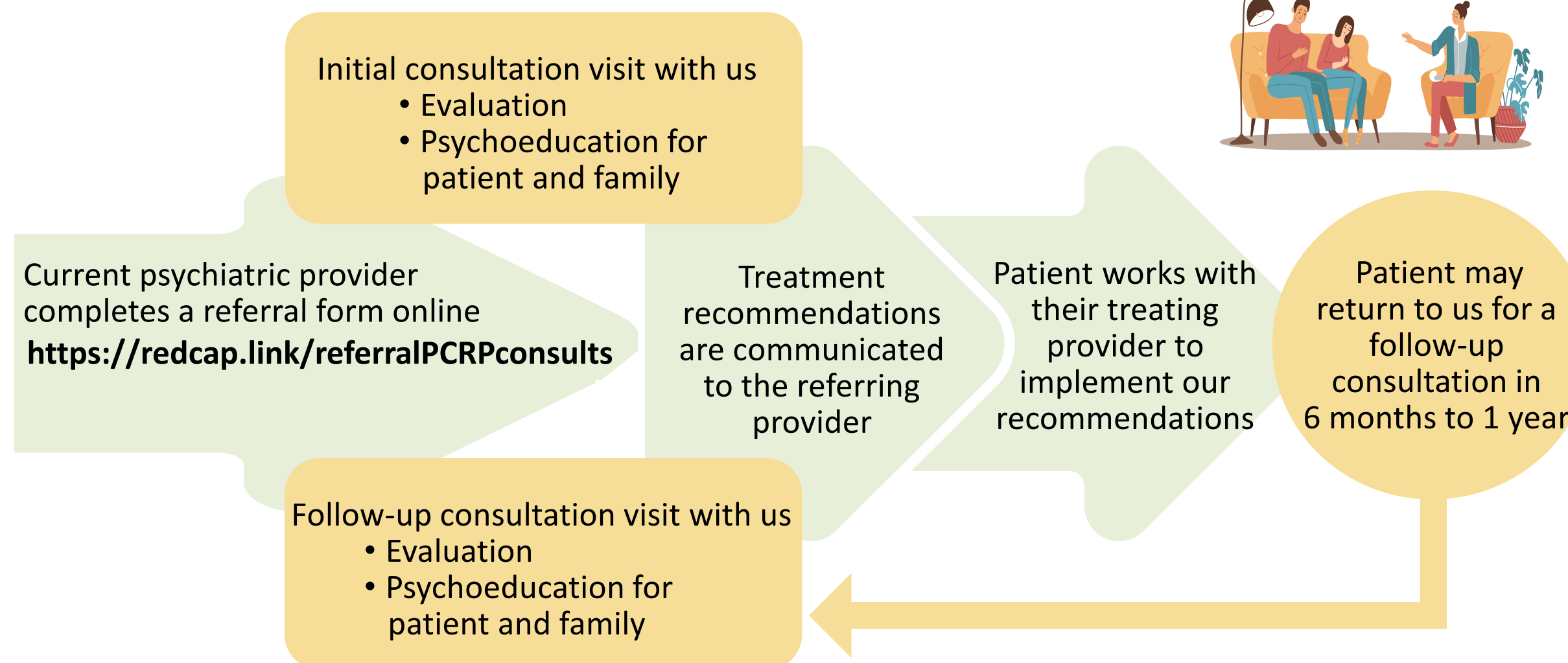
Mission Statement

To provide longitudinal support to colleagues in treating psychotic disorders across different stages of illness to help them improve their patients' outcomes

Goals

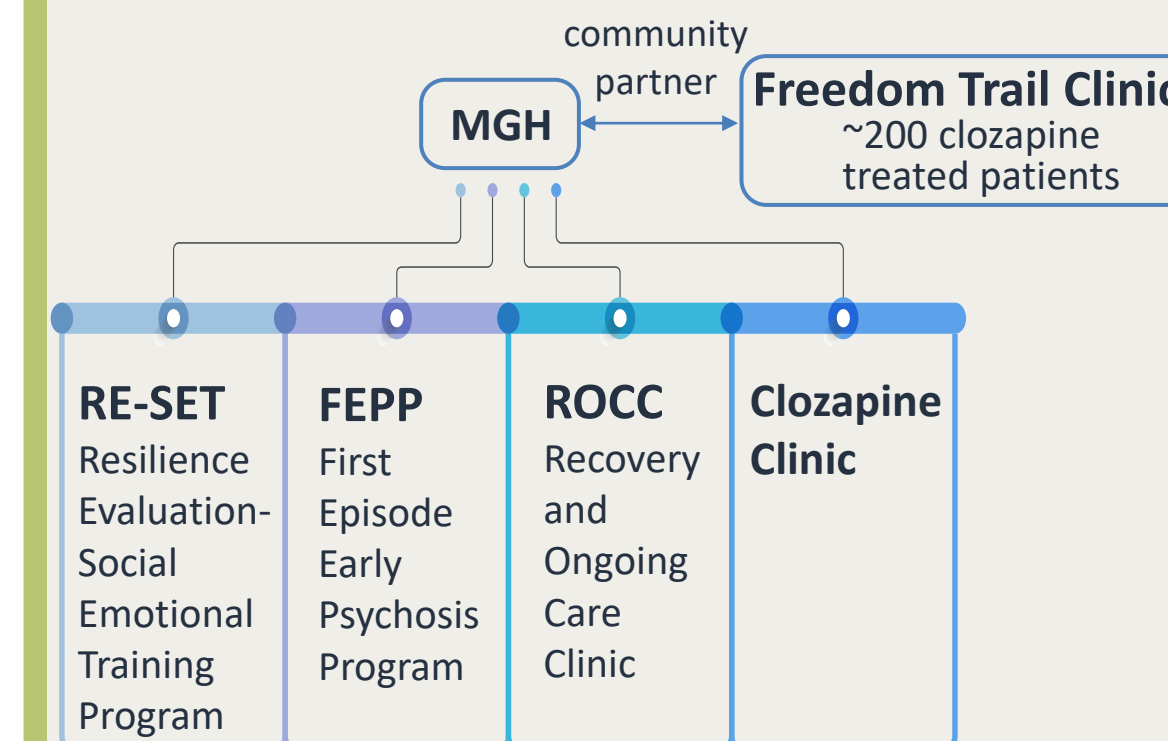
- Longitudinal support to clinicians in providing timely, stage-based care
- Easy access for patients, families, and providers
- Build the patient's and family's trust in the treatment through reassurance and confirmation
- Foster therapeutic relationships between patients and treating providers
- Optimize treatment plans
- Improve patient outcomes
- *Mens sana in corpore sano* (healthy mind in a healthy body)

Consultation Workflow



Why seek expert consultation with the MGH Psychosis Program?

- Rich legacy of training pioneers in the field of psychotic disorders over the past two decades
- Wealth of knowledge and experience gained through seeing thousands of patients with psychotic disorders through specialized services that continue to grow:



Users of the MGH Consultation Service over the past 5 years (January 2017 to December 2022)

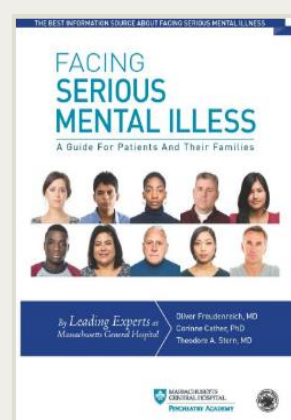
Program Descriptions

Comprehensive Evaluation

- Diagnostic clarification
- Symptoms and side effects assessment and management
- Medication optimization strategies
- Family education

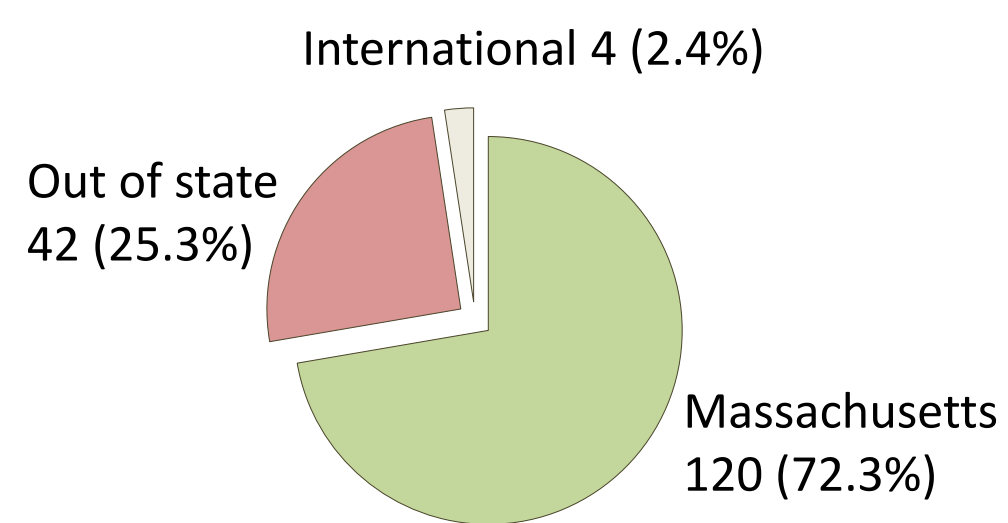
Interdisciplinary Teamwork

- Often involves a psychologist
- Psychosocial assessment and treatment resources
- Illness self-management
- If necessary, referrals are made to:
 - PCP for medical work up
 - Neuropsychological tests
 - Neurology



Patients (N=166)

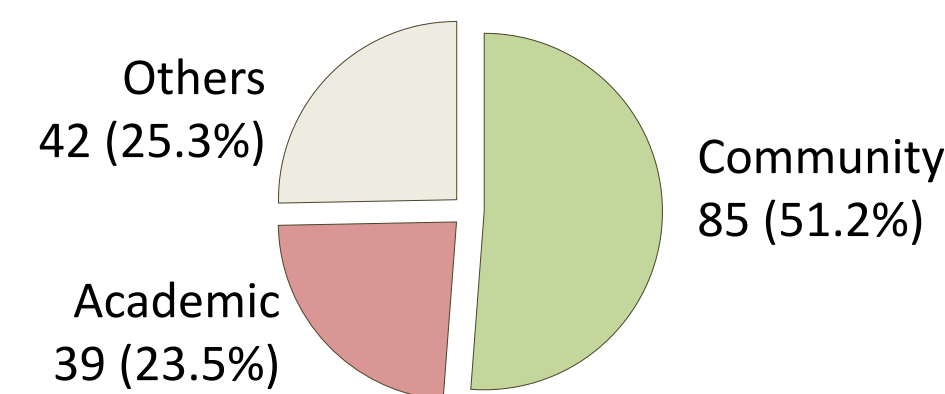
- Male 111 (67%), Female 55 (33%)
- Age Range 9-77 years
- Mean = 29 years



[Patient Location]

Referring Providers

- MD, DO 85 (51.2%)
- Psychiatric NP 31 (18.7%)
- Psychologists 9 (5.4%)
- Others 41 (24.7%)
- Self, family, school, PCP, pediatrician



[Treatment settings of referring provider]

Conclusions

- The Psychosis Consultation service provides diagnostic clarifications and treatment recommendations to clinicians from a variety of backgrounds, treatment settings, and locations.
- Expert consultations allow clinicians to develop competence in caring for patients with psychosis and educate patients and their families about psychosis.
- MGH psychiatry trainees who participate in consultations also learn from increased exposure to challenging cases.